

**REMARKS**

By this Amendment claims 1, 3-5, 32, 44, 47, 48, 50 and 51 have been amended exactly as suggested by the examiner, claims 42, 45, 46, 49 and 52 have been amended in close conformity with the examiner's suggestions, and claim 33 has been amended to be allowable. Entry is requested.

The examiner's allowance of claim 40 and indication of allowable subject matter in claims 1-5, 9, 32 and 46-48 is noted with appreciation.

The examiner has rejected claim 33 under 35 U.S.C. 102(b) as being anticipated by Whalen et al.

This rejection must be withdrawn. Whalen et al. do not disclose the sequence of (1) first stimulating the circulatory system of a person by using the workout device under ambient conditions and then (2) generating a pressure below atmosphere after the person has been using the workout-means for the specific amount of time.

Appln. No.: 09/818,999  
Docket No.: 66775-002-7  
Amdt. Dated May. 2, 05  
Reply to Final Office Action of April 5, 2005

**CONCLUSIONS**

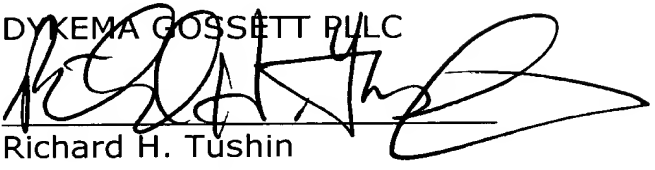
It is submitted that the presented claims are allowable.

A prompt passage to issuance is requested.

Respectfully submitted,

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